

# National Infertility Awareness Week Is Here



April 23-29, 2023 is National Infertility Awareness Week, a moment to highlight the challenges some parents face when trying to have children.

**Infertility is an unfortunate difficulty for many people who are trying to become parents.**

Throughout the United States, about **11% of women and 9% of men who are of reproductive age encounter fertility problems** when trying to conceive. Infertility is when the two parents are unable to conceive a child after one year of trying.



Fertility issues are a challenge for both men and women.

**The National Institutes of Health breaks down fertility issues into thirds:**



One third of fertility issues are **due to the woman, another third are due to the man.**



The remaining third of fertility issues are due to both parents, or **unable to be defined as caused by the man or the woman.**



**12.2% of women ages 15–49 have received infertility treatment.**



Infertility treatment varies by the age of the woman, duration of the infertility, any health factors that contribute to the infertility and the couple's treatment preferences.

**Treatment options may include:**

- Assisted reproductive technology
- Intrauterine insemination
- Medicine
- Surgery
- For lesbian couples looking to conceive, fertility options include intrauterine insemination (approximately 20% success rate) and in vitro fertilization (approximately 50% success rate).

**Speak with your provider if you are struggling to conceive. Find a provider at [weillcornell.org/doctors](http://weillcornell.org/doctors)**